



QUICK BITES

GARDEN SALAD • 4.50

FRESH SPINACH SALAD • 8.50
mushrooms, tomato, bacon, egg

CAESAR SALAD • 7.50

DESIGN YOUR SALAD
add chicken • 4.50

add salmon • 6.50 add shrimp (3) • 5.50

HOUSE SALAD • 5.95

fresh with surprises & choice of dressings

CHEF'S SALAD • 10.95

ham, roast beef, turkey, cheese, egg

CHICKEN SALAD PLATE • 10.95

greens, cheese wedge, chicken salad

NEW ENGLAND CLAM CHOWDER

cup • 4.75 bowl • 6.75

SOUP OF THE DAY

cup • 4.75 bowl • 6.75

BAKED FRENCH ONION SOUP

cup • 5.50 bowl • 7.50

SOUP AND HALF SANDWICH

cup • 8.50 bowl • 10.50

THE SANDWICH • 7.95

roast beef • smoked ham & swiss cheese
turkey breast • chicken salad • tuna salad

VEGGIE WRAP • 7.95

cucumbers, spinach, greens, zucchini, summer squash
mushrooms, balsamic vinaigrette, flour tortilla

CHICKEN SALAD WRAP • 8.50

baby greens, tomato, flour tortilla

CHICKEN CAESAR WRAP • 8.50

grilled chicken, caesar salad, flour tortilla

CHICKEN SALAD BLT WRAP • 9.95

baby greens, tomato, bacon, flour tortilla

GRILLED SALMON WRAP • 9.95

baby greens, cucumber, tomato, dill mayo

GRILLED CHICKEN SANDWICH • 9.50

boneless breast of chicken with mayo & lettuce

STEAK SANDWICH • 9.50

melted cheese, onions, mushrooms

HOT PASTRAMI SPECIAL • 9.50

as lean as we can get it with
raw onion, tomato, melted swiss cheese

TUNA MELT • 7.95

baked english muffin with tuna, swiss cheese

QUICHE OF THE DAY • 6.50

baked fresh daily

STEAK LOFT GRILLED PIZZA • 8.95

toppings change daily

HAMBURGER* • 8.95

CHEESEBURGER* • 9.95

CUSTOM BURGERS* • 10.95

- with applewood smoked bacon
- with hot peppers, onions, hot sauce
- with blue cheese dressing

or

THE COWBOY BURGER*

cheddar cheese, bbq sauce, fried onion rings

THE TEX-MEX BURGER*

pepperjack cheese, guacamole
jalapeno peppers, red onion

THE STEAKHOUSE BURGER*

swiss cheese, sauteed onions and mushrooms

CHILI

cup • 6.95 bowl • 8.95

the bean, the meat & the heat!
topped with onions & cheese

CHICKEN NACHOS • 9.95

chips, guacamole, salsa, jalapenos
cheese, grilled chicken

CHILI NACHOS • 9.50

chips, guacamole, salsa, jalapenos, cheese, chili

POTATO SKINS

cheese, sour cream & onions • 7.50

bacon, broccoli & cheese • 7.95

scallops, broccoli & cheese • 9.50

CHEESE FRIES • 5.50

regular or spicy hot

STUFFED MUSHROOMS • 9.50

an established favorite
Steak Loft seafood stuffing

WINGS OF FIRE • 10.95

with blue cheese dressing & celery sticks

TERIYAKI SKEWERS* • 12.95

- beef • chicken • beef & chicken combo
- with choice of potato

BBQ RIBS • 15.95

tender baby back ribs with choice of potato

ATLANTIC COD • 13.95

baked with breadcrumb topping, choice of potato

FRIED SHRIMP • 11.95

hand-breaded to order, choice of potato

FISH & CHIPS • 12.50

crispy on the outside, tender inside

STEAK LOFT CRABCAKES • 11.50

choice of potato

CHICKEN TENDERS • 9.95

with bbq or teriyaki sauce and choice of potato

SLICED STEAK* • 13.95

on toast with garlic butter and choice of potato

SIDE DISHES • 3.50 each

steak fries | mashed red-skinned potatoes | baked potato | baked stuffed potato
onion rings | steamed broccoli | steamed vegetable medley

Most menu items are available for take-out.



Stay connected with us!

steakloftct.com

*Thoroughly cooking meat, poultry, seafood, shellfish, or eggs reduces the risk of foodborne illness.